

# Anxiety & Fear

## THEMED SCRIPTURE WRITING



- **1 PETER 5:6-7**

HUMBLE YOURSELVES, THEREFORE, UNDER THE MIGHTY HAND OF GOD SO THAT AT THE PROPER TIME HE MAY EXALT YOU, CASTING ALL YOUR ANXIETIES ON HIM, BECAUSE HE CARES FOR YOU.

- **PSALM 94:19**

WHEN THE CARES OF MY HEART ARE MANY, YOUR CONSOLATIONS CHEER MY SOUL.

- **PSALM 27:1**

THE LORD IS MY LIGHT AND MY SALVATION; WHOM SHALL I FEAR? THE LORD IS THE STRONGHOLD OF MY LIFE; OF WHOM SHALL I BE AFRAID?

- **PSALM 55:22**

CAST YOUR BURDEN ON THE LORD, AND HE WILL SUSTAIN YOU; HE WILL NEVER PERMIT THE RIGHTEOUS TO BE MOVED.

- **DEUTERONOMY 31:6**

BE STRONG AND COURAGEOUS. DO NOT FEAR OR BE IN DREAD OF THEM, FOR IT IS THE LORD YOUR GOD WHO GOES WITH YOU. HE WILL NOT LEAVE YOU OR FORSAKE YOU.

- **PSALM 46:1**

GOD IS OUR REFUGE AND STRENGTH, A VERY PRESENT HELP IN TROUBLE.

- **PSALM 34:4**

I SOUGHT THE LORD, AND HE ANSWERED ME AND DELIVERED ME FROM ALL MY FEARS.

- **ISAIAH 41:10**

FEAR NOT, FOR I AM WITH YOU; BE NOT DISMAYED, FOR I AM YOUR GOD; I WILL STRENGTHEN YOU, I WILL HELP YOU, I WILL UPHOLD YOU WITH MY RIGHTEOUS RIGHT HAND.

- **PHILIPPIANS 4:6-7**

DO NOT BE ANXIOUS ABOUT ANYTHING, BUT IN EVERYTHING BY PRAYER AND SUPPLICATION WITH THANKSGIVING LET YOUR REQUESTS BE MADE KNOWN TO GOD. AND THE PEACE OF GOD, WHICH SURPASSES ALL UNDERSTANDING, WILL GUARD YOUR HEARTS AND YOUR MINDS IN CHRIST JESUS.

- **ZEPHANIAH 3:17**

THE LORD YOUR GOD IS IN YOUR MIDST, A MIGHTY ONE WHO WILL SAVE; HE WILL REJOICE OVER YOU WITH GLADNESS; HE WILL QUIET YOU BY HIS LOVE; HE WILL EXULT OVER YOU WITH LOUD SINGING.

- **JOSHUA 1:9**

HAVE I NOT COMMANDED YOU? BE STRONG AND COURAGEOUS. DO NOT BE FRIGHTENED, AND DO NOT BE DISMAYED, FOR THE LORD YOUR GOD IS WITH YOU WHEREVER YOU GO.

- **LUKE 12:25-26**

AND WHICH OF YOU BY BEING ANXIOUS CAN ADD A SINGLE HOUR TO HIS SPAN OF LIFE? IF THEN YOU ARE NOT ABLE TO DO AS SMALL A THING AS THAT, WHY ARE YOU ANXIOUS ABOUT THE REST?